

## Notices

For further details on any of these events or activities,  
please contact the Parish Office on 810616.  
www.stjamescarlisle.org.uk

**Services this Sunday**                      **Preacher**  
**10.30am** Family Worship                  Eddie Scrase-Field  
**6.30pm** Global Day of Prayer @ CCF

### Cummersdale

**10.30am** Holy Communion                  John Libby

**Mon 24**    **2.45pm** Women's Fellowship

**25/26/27** Homegroups as arranged

**Wed 26**    **10.00am and 1.30 pm** Toddlers

**Thur 27**    **10.30am** Sticky Fingers

**11.30am** Midweek Service

**12.30pm** Leisurely Lunch

**7.30pm** Music Practice

**Fri 28**    **7.45pm** Badminton & Table Tennis

**Sat 29**    **9.30am** Daddy & Me

### Services Next Sunday

**10.30am** Family Worship                  John Libby  
**6.30pm** Holy Communion                  Eddie Scrase-Field

### Cummersdale

**10.30am** Morning Worship                  Eddie Scrase-Field

### Advance Notice

Advance confirmation for Homegroup Leaders/Co-Leaders and Hosts and for Leaders of any other small groups. **Please keep Saturday morning 19 June free** when we welcome Amiel Osmaston, Diocesan Ministry Development Officer, to our Parish Centre to help us explore how to offer pastoral care and to deal with difficult situations. More details to follow.

**The Gap Tapas Night - Saturday 19<sup>th</sup> June, 8.00pm**

**WAGS - Saturday 26 June - Speaker: Joan Yarker**

## JUST LOOKING!

Just Looking is just what it says: it's an opportunity to take a closer look at the Christian faith, but with no pressure to do anything more than just look. Please join us for a meal, a talk, a time for discussion, and a chance to make new friends.

**Next course starts, Tuesday 8 June 7:30pm (and then for each Tuesday for the following four weeks) in the Parish Centre.**



**Parish Centre Cleaner/Caretaker** - Temporary position available from July-mid September. Up to 9hrs per week @ £6.15ph. Please speak to Mary Hetherington, Parish Office, before Friday 4 June if you are interested.

### Please Pray For:

Those who are ill or in hospital at this time, especially Fiona Hurley, Peggy Fluck, Glenda Davidson, Maureen Richardson, Joyce Mason, Joan Love and Nora Klein.

Please feel free to take this service sheet away with you

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WORDS TO SONGS AND HYMNS REPRODUCED UNDER CCL LICENCE NO. 7824

# SAINT JAMES CHURCH CUMMERSDALE

Holy Communion  
10.30am, Sunday, 23rd May, 2010



Welcome to our service of Holy Communion this morning. We invite all who are baptised and love the Lord to join us at His table. Does your understanding of God change when you're under pressure? This morning we look at Psalm 48 - God as our guide.

### Welcome and Notices

#### Opening Sentence:

"For this God is our God for ever and ever; he will be our guide even to the end." *Psalm 48 verse 14*

### Hymn

**Guide me, O thou great Jehovah,**  
Pilgrim through this barren land;  
I am weak, but Thou art mighty,  
Hold me with Thy powerful hand:  
Bread of heaven, Bread of heaven,  
Feed me now and ever more,  
Feed me now and ever more.

Open Thou the crystal fountain  
Whence the healing stream doth flow;  
Let the fiery, cloudy pillar  
Lead me all my journey through:  
Strong Deliverer, strong Deliverer,  
Be Thou still my strength and shield,  
Be Thou still my strength and shield.

When I tread the verge of Jordan  
Bid my anxious fears subside;  
Death of death, and hell's destruction,  
Land me safe on Canaan's side:  
Songs of praises, songs of praises,  
I will ever give to Thee,  
I will ever give to Thee.

### Collect for Purity

**Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name; through Christ our Lord. Amen**

We pray for strength to keep Jesus' commandments:

Love the Lord your God with all your heart, with all your mind, with all your soul and with all your strength:

**Lord, help us to obey.**

Love your neighbour as yourself:

**Lord, help us to obey.**

Love one another as I have loved you:

**Lord, help us to obey.**

**In your mercy strengthen us**

**and move our hearts to do your will. Amen.**

#### **Confession:**

Father God, we want to say sorry for all the times when we have not behaved as you want, and when we have let you down.

Father God, we are sorry for following our own desires and plans instead of yours. For the times when we have deliberately done things which we know you have forbidden, Lord God

**We are so sorry. Please forgive us.**

For the times when we knew the right thing to do, but decided not to do it, Lord God

**We are so sorry. Please forgive us.**

For the times when our words and actions have hurt those who love us, Lord God

**We are so sorry. Please forgive us.**

**By the power of your Spirit, draw us to each other and make us a close family through your love.**

**For we ask in Jesus' name. Amen**

#### **Promise of forgiveness**

Listen to God's promise to all who are truly sorry: As high as the heavens are above the earth, so great is His love for those who respond to Him. As far as the east is from the west, so far has He removed our sins from us.

#### **Collect for Pentecost**

God, who as at this time taught the hearts of your faithful people by sending to them the light of your Holy Spirit: grant us by the same Spirit to have a right judgement in all things and evermore to rejoice in his holy comfort; through the merits of Christ Jesus our Saviour, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

#### **Intercessions**

We close our our time of prayer with the prayer that Jesus taught us, saying:

**Our Father in heaven,  
hallowed be your name,**

**your kingdom come,**

**your will be done,**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Lead us not into temptation**

**but deliver us from evil.**

**For the kingdom, the power**

**and the glory are yours,**

**now and forever. Amen.**

O Jesus, Thou hast promised  
To all who follow Thee  
That where Thou art in glory  
There shall Thy servants be;  
And, Jesus, I have promised  
To serve Thee to the end;  
O give me grace to follow  
My Master and my Friend.

O let me see Thy footmarks,  
And in them plant mine own;  
My hope to follow duly  
Is in Thy strength alone.  
O guide me, call me, draw me,  
Uphold me to the end;  
And then in heaven receive me,  
My Saviour and my Friend.

#### **Offertory Prayer**

Yours, Lord, is the greatness, the power, the glory,  
the splendour, and the majesty;  
for everything in heaven and on earth is yours.

**All things come from you,  
and of your own do we give you.**

#### **Closing Prayer and Blessing**

#### **The Grace**

**The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with us all evermore. Amen.**

#### **The Apostles' Creed**

**I believe in God, the Father almighty,  
creator of heaven and earth.  
I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.  
I believe in the Holy Spirit, the holy catholic Church,  
the communion of saints, the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

#### **Reading**

Psalm 48

(Page 571)

#### **after the reading:**

Reader: This is the Word of the Lord.

**All: Thanks be to God.**

#### **Hymn**

**How firm a foundation, you people of God,**  
is laid for your faith in his excellent word!  
What more can he say to you than he has said  
to everyone trusting in Jesus our head?

Since Jesus is with you, do not be afraid;  
since he is your Lord, you need not be dismayed:  
he strengthens you, guards you, and helps you to stand,  
upheld by his righteous, omnipotent hand.

When through the deep waters he calls you to go,  
the rivers of trouble shall not overflow;  
the Lord will be with you, to help and to bless,  
and work for your good through your deepest distress.

When through fiery trials your pathway shall lead,  
his grace shall sustain you with all that you need;  
the flames shall not hurt you - his only design  
your dross to consume and your gold to refine.

Whoever has come to believe in his name  
will not be deserted, and not put to shame;  
though hell may endeavour that Christian to shake  
his Lord will not leave him, nor ever forsake.

#### **Sermon**

God as our Guide

## Holy Communion

Hear the words of comfort our Saviour Christ says to all who truly turn to him:

Come to me, all who labour and are heavy laden, and I will give you rest.  
*Matthew 11.28*

God so loved the world that he gave his only-begotten Son, that whoever believes in him should not perish but have eternal life.  
*John 3.16*

Hear what Saint Paul says: This saying is true and worthy of full acceptance, that Christ Jesus came into the world to save sinners.  
*1 Timothy 1.15*

**Most merciful Lord,  
your love compels us to come in.  
Our hands were unclean,  
our hearts were unprepared;  
we were not fit even to eat the crumbs  
from under your table.  
But you, Lord, are the God of our salvation,  
and share your bread with sinners.  
So cleanse and feed us  
with the precious body and blood of your Son,  
that he may live in us and we in him;  
and that we, with the whole company of Christ,  
may sit and eat in your kingdom. Amen.**

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord**

Let us give thanks to the Lord our God.

**It is right to give him thanks and praise.**

It is right to praise you, Father, Lord of all creation;  
in your love you made us for yourself.  
When we turned away you did not reject us,  
but came to meet us in your Son.

**You embraced us as your children  
and welcomed us to sit and eat with you.**

In Christ you shared our life  
that we might live in him and he in us.

**He opened his arms of love upon the cross  
and made for all the perfect sacrifice for sin.**

On the night he was betrayed, at supper with his  
friends he took bread, and gave you thanks;  
he broke it and gave it to them, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

**Father, we do this in remembrance of him;  
His body is the bread of life.**

At the end of the supper, taking the cup of wine,  
he gave you thanks, and said:  
Drink this, all of you; this is my blood of the new  
covenant, which is shed for you for the forgiveness of  
sins; do this in remembrance of me.

**Father, we do this in remembrance of him;  
his blood is shed for all.**

As we proclaim his death and celebrate his rising in glory,  
send your Holy Spirit that this bread and this wine may  
be to us the body and blood of your dear Son.

**As we eat and drink these holy gifts  
make us one in Christ, our risen Lord.**

**With your whole church throughout the world we  
offer you this sacrifice of praise and lift our voices to  
join the eternal song of heaven, saying:**

**Holy, holy, holy Lord,  
God of power and might,  
Heaven and earth are full of your glory.  
Glory be to you, O Lord most high.**

## The Administration

*These words are said at the administration of the bread:*  
May the body of our Lord Jesus Christ, which was given  
for you, preserve your body and soul to everlasting life.  
Take and eat this in remembrance that Christ died for  
you, and feed on him in your heart by faith with  
thanksgiving.

*These words are said at the administration of the cup:*  
May the blood of our Lord Jesus Christ, which was shed  
for you, preserve your body and soul to everlasting life.  
Drink this in remembrance that Christ's blood was shed  
for you, and be thankful.

## Prayer after Communion

**Father of all,  
we give you thanks and praise,  
that when we were still far off  
you met us in your Son, and brought us home.  
Dying and living, he declared your love,  
gave us grace, and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.  
Keep us firm in the hope you have set before us,  
so we and all your children shall be free,  
and the whole earth live to praise your name;  
through Christ our Lord. Amen.**

## Hymn

(During the singing of this song there will be a collection to support Christian mission and ministry through St. James'.

If you are a guest or visitor please feel free to pass the plate along)

**O Jesus, I have promised  
To serve Thee to the end;  
Be Thou forever near me,  
My Master and my Friend;  
I shall not fear the battle  
If Thou art by my side,  
Nor wander from the pathway  
If Thou wilt be my Guide.  
O let me feel Thee near me;  
The world is ever near;  
I see the sights that dazzle,  
The tempting sounds I hear;  
My foes are ever near me,  
Around me and within;  
But Jesus, draw Thou nearer,  
And shield my soul from sin.  
O let me hear Thee speaking  
In accents clear and still,  
Above the storms of passion,  
The murmurs of self-will;  
O speak to reassure me,  
To hasten, or control;  
O speak, and make me listen,  
Thou Guardian of my soul.**

Continued .....