

## Notices

For further details on any of these events or activities,  
please contact the Parish Office on 810616.  
[www.stjamescarlisle.org.uk](http://www.stjamescarlisle.org.uk)

### Services this Sunday

**10.30 am** Family Worship  
**6.30 pm** Holy Communion

### Preacher

Eddie Scrase-Field  
Keith Mallon

### Cummersdale

**10.30am** Holy Communion Peter Bye

**Mon 25 10.00am** Parent and Toddler Bible Study

**2.45pm** Women's Fellowship

**Wed 27 10.00 am and 1.30 pm** Toddlers

**Thur 28 10.30 am** Sticky Fingers

**11.30am** Midweek Service

**12.30 pm** Leisurely Lunch

**7.30pm** Music Practice

**Fri 29 7.45 pm** Badminton & Table Tennis

**Sat 30 9.30am** Daddy & Me

### Services Next Sunday

**10.30 am** Family Worship  
**6.30 pm** Evening Worship

### Preacher

John Libby  
Eddie Scrase-Field

### Cummersdale

**10.30am** Morning Worship Eddie Scrase-Field

### Information

**Revision of Electoral Roll** - anyone wishing to be added to the electoral roll for 2010 can fill in a form at the back of church or download from the website.

**Haiti Earthquake:** St James is supporting Tearfund in their work in Haiti. Plates and Gift Aid envelopes are available at the back of church to contribute to the Disaster Fund.

**Blokes Curry Night : Tuesday 2 February 7pm for 7.30pm**  
£12 fixed charge (negotiable if needed) covers more than you could (or should...) eat! Bookings (must have numbers) questions/directions/further info: John Libby 01228 515639

**Nuclear Energy Discussion Day;** Carlisle Cathedral Fraternity on **Saturday 6 February**. 10.00am - 1.15pm. Booking is preferred; Contact Mrs Karen Natrass on 01228 548107

**Stuart Pendred in Concert: Penrith Methodist Church 7.30pm, 6th February** Tickets available from Penrith Methodist Office on 01768 862787 or Styleline 01768 863248

**CHAMPION'S  
CHALLENGE!**

**Holiday Club  
15 - 19 February**

Once again our Holiday Club will be running this February half-term. There are loads of jobs to be done either working with children or behind the scenes. Please sign the sheet at the back of Church if you can help.

Join us for prayer today at **5.30pm in the Parish Centre**. Prayer was evident during the Holiday Club last year and we would be grateful for your prayer support over the next few weeks as we approach this year's event!

### Please Pray For:

Those who are ill or in hospital especially Fiona Hurley, Peggy Fluck, Glenda Davidson, Maureen Richardson, Rosie Thwaites, Nora Klein and Peggy Yarker.

# SAINT JAMES CHURCH CUMMERSDALE

Holy Communion

10.30am, Sunday, 24th January, 2010

Pledge Day



Welcome to our service of Holy Communion this morning. We invite all who are baptised and love the Lord to join us at His table. We continue our teaching series looking at unsung heroes of the Old Testament. This morning we consider Caleb and wholeheartedness.

### Welcome and Opening Prayer

#### Opening Sentence:

But because my servant Caleb has a different spirit and follows me wholeheartedly, I will bring him into the land he went to, and his descendants will inherit it.

*Numbers Chapter 14 verse 24*

#### Hymn

**Fill your hearts with joy and gladness,**  
Sing and praise your God and mine!  
Great the Lord in love and wisdom,  
Might and majesty divine!  
He who framed the starry heavens  
Knows and names them as they shine.

Praise the Lord, His people, praise Him!  
Wounded souls His comfort know;  
Those who fear Him find His mercies,  
Peace for pain and joy for woe;  
Humble hearts are high exalted,  
Human pride and power laid low.

Praise the Lord for times and seasons,  
Cloud and sunshine, wind and rain;  
Spring to melt the snows of winter  
Till the waters flow again;  
Grass upon the mountain pastures,  
Golden valleys thick with grain.

Fill your hearts with joy and gladness,  
Peace and plenty crown your days;  
Love His laws, declare His judgements,  
Walk in all His words and ways;  
He the Lord and we His children –  
Praise the Lord, all people, praise!

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### **Collect for Purity**

**Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name; through Christ our Lord. Amen**

We pray for strength to keep Jesus' commandments:

Love the Lord your God with all your heart, with all your mind, with all your soul and with all your strength:

**Lord, help us to obey.**

Love your neighbour as yourself:

**Lord, help us to obey.**

Love one another as I have loved you:

**Lord, help us to obey.**

**In your mercy strengthen us**

**and move our hearts to do your will. Amen.**

### **Confession:**

Father God, we want to say sorry for all the times when we have not behaved as you want, and when we have let you down.

For the wrong things we have done, Father God

**Forgive us, for we are sorry**

For the wrong things we have said, Father God

**Forgive us, for we are sorry**

For the wrong things we have thought, Father God

**Forgive us, for we are sorry**

And for the things we should have done, should have said, and should have thought, but didn't, Father God

**Forgive us, for we are sorry.**

**We ask in Jesus name. Amen**

### **Promise of forgiveness:**

Listen to God's promise to all who are truly sorry: As high as the heavens are above the earth, so great is His love for those who respond to Him. As far as the east is from the west, so far has He removed our sins from us.

### **Collect for the third Sunday of Epiphany**

Almighty God, whose Son revealed in signs and miracles the wonder of your saving presence: renew your people with your heavenly grace, and in all our weakness sustain us by your mighty power; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

### **Hymn**

**When upon life's billows you are tempest-tossed,**

When you are discouraged, thinking all is lost,

Count your many blessings, name them one by one,

And it will surprise you what the Lord hath done.

*Count your blessings, name them one by one,*

*Count your blessings, see what God hath done!*

*Count your blessings, name them one by one,*

*And it will surprise you what the Lord hath done.*

Are you ever burdened with a load of care?

Does the cross seem heavy you are called to bear?

Count your many blessings, every doubt will fly,

And you will keep singing as the days go by.

*Continued....*

## Hymn

(During the singing of this song there will be a collection to support Christian mission and ministry through St. James'.

If you are a guest or visitor please feel free to pass the plate along)

### **Tell out my soul the greatness of the Lord**

Unnumbered blessings give my spirit voice

Tender to me the promise of His word

In God my Saviour shall my heart rejoice

Tell out my soul the greatness of His Name

Make known His might the deeds His arm has done

His mercy sure from age to age the same

His holy Name the Lord the Mighty One

Tell out my soul the greatness of His might

Powers and dominions lay their glory by

Proud hearts and stubborn wills are put to flight

The hungry fed the humble lifted high

Tell out my soul the glories of His word

Firm is His promise and His mercy sure

Tell out my soul the greatness of the Lord

To children's children and for evermore

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### **Pledge Day Offertory Prayer**

Praise be to you, O Lord, God of our father Israel, from everlasting to everlasting. Yours, O Lord, is the greatness and the power and the glory and the majesty and the splendour, for everything in heaven and earth is yours. Yours, O Lord, is the kingdom; you are exalted as head over all. Wealth and honour come from you; you are the ruler of all things. In your hands are strength and power to exalt and give strength to all. Now, our God, we give you thanks, and praise your glorious name. But who am I, and who are my people, that we should be able to give as generously as this? Everything comes from you, and we have given you only what comes from your hand.

*(from 1 Chronicles chapter 29 verses 10b - 14)*

**All things come from you,  
and of your own do we give you. Amen.**

### **Closing Prayer and Blessing**

When you look at others with their lands and gold,  
Think that Christ has promised you His wealth untold;  
Count your many blessings—wealth can never buy  
Your reward in heaven, nor your home on high.

So, amid the conflict whether great or small,  
Do not be disheartened, God is over all;  
Count your many blessings, angels will attend,  
Help and comfort give you to your journey's end.

### **Intercessions**

We close our our time of prayer with the prayer that Jesus taught us, saying:

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power  
and the glory are yours,  
now and forever. Amen.**

### **The Grace**

**The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with us all evermore. Amen.**

### **The Apostles' Creed**

**I believe in God, the Father almighty,  
creator of heaven and earth.  
I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.  
I believe in the Holy Spirit, the holy catholic Church,  
the communion of saints, the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

### **Notices**

#### **Reading:**

Joshua Chapter 14 verses 6-15

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after the reading:

Reader: This is the Word of the Lord.

All: **Thanks be to God.**

### **Sermon**

Caleb: wholeheartedness

## Hymn

### I know not why God's wondrous grace

To me He hath made known  
Nor why unworthy as I am  
He claimed me for His own

*But I know whom I have believed  
And am persuaded that He is able  
To keep that which I've committed  
Unto Him against that day*

I know not how this saving faith  
To me He did impart  
Nor how believing in His word  
Wrought peace within my heart

I know not how the Spirit moves  
Convincing men of sin  
Revealing Jesus through the Word  
Creating faith in Him

I know not what of good or ill  
May be reserved for me  
Of weary ways or golden days  
Before His face I see

I know not when my Lord may come  
I know not how nor where  
If I shall pass the vale of death  
Or meet Him in the air

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## Holy Communion

Hear the words of comfort our Saviour Christ says to all  
who truly turn to him:

Come to me, all who labour and are heavy laden, and I  
will give you rest. *Matthew 11.28*

God so loved the world that he gave his only-begotten  
Son, that whoever believes in him should not perish but  
have eternal life. *John 3.16*

Hear what Saint Paul says: This saying is true and worthy  
of full acceptance, that Christ Jesus came into the world  
to save sinners. *1 Timothy 1.15*

**Most merciful Lord,  
your love compels us to come in.  
Our hands were unclean,  
our hearts were unprepared;  
we were not fit even to eat the crumbs  
from under your table.  
But you, Lord, are the God of our salvation,  
and share your bread with sinners.  
So cleanse and feed us  
with the precious body and blood of your Son,  
that he may live in us and we in him;  
and that we, with the whole company of Christ,  
may sit and eat in your kingdom. Amen.**

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord**

Let us give thanks to the Lord our God.

**It is right to give him thanks and praise.**

It is right to praise you, Father, Lord of all creation;  
in your love you made us for yourself.

When we turned away you did not reject us,  
but came to meet us in your Son.

**You embraced us as your children  
and welcomed us to sit and eat with you.**

In Christ you shared our life  
that we might live in him and he in us.

**He opened his arms of love upon the cross  
and made for all the perfect sacrifice for sin.**

On the night he was betrayed, at supper with his  
friends he took bread, and gave you thanks;  
he broke it and gave it to them, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

**Father, we do this in remembrance of him;  
His body is the bread of life.**

At the end of the supper, taking the cup of wine,  
he gave you thanks, and said:  
Drink this, all of you; this is my blood of the new  
covenant, which is shed for you for the forgiveness of  
sins; do this in remembrance of me.

**Father, we do this in remembrance of him;  
his blood is shed for all.**

As we proclaim his death and celebrate his rising in glory,  
send your Holy Spirit that this bread and this wine may  
be to us the body and blood of your dear Son.

**As we eat and drink these holy gifts  
make us one in Christ, our risen Lord.**

**With your whole church throughout the world we  
offer you this sacrifice of praise and lift our voices to  
join the eternal song of heaven, saying:**

**Holy, holy, holy Lord,  
God of power and might,  
Heaven and earth are full of your glory.  
Glory be to you, O Lord most high.**

## The Administration

*These words are said at the administration of the bread:*  
May the body of our Lord Jesus Christ, which was given  
for you, preserve your body and soul to everlasting life.  
Take and eat this in remembrance that Christ died for  
you, and feed on him in your heart by faith with  
thanksgiving.

*These words are said at the administration of the cup:*  
May the blood of our Lord Jesus Christ, which was shed  
for you, preserve your body and soul to everlasting life.  
Drink this in remembrance that Christ's blood was shed  
for you, and be thankful.

## Prayer after Communion

**Father of all,  
we give you thanks and praise,  
that when we were still far off  
you met us in your Son, and brought us home.  
Dying and living, he declared your love,  
gave us grace, and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.  
Keep us firm in the hope you have set before us,  
so we and all your children shall be free,  
and the whole earth live to praise your name;  
through Christ our Lord. Amen.**